

Report: One Day Awareness Programme on Volunteering and Cyber Hygiene Practices for Students

Date: 10th October, 2023

Objective of the Programme

- To educate students on the significance of volunteering and its role in shaping responsible citizenship.
- To create awareness on cyber hygiene practices, online safety, and prevention of cyber threats.

Target Audience

- NSS volunteers from the Department of Education and Department of English, Assam Don Bosco University

Number of Participants

- A total of **79 NSS volunteers** participated in the programme.

Programme Highlight

. Mr. Saptarshi Hazra, Senior Manager at Child Rights and You (CRY), Kolkata, delivered a session titled *"Fostering Futures: Navigating the Essential Landscape of Volunteering and Cyber Hygiene Practices for Students."* He spoke about CRY's history – founded by Rippan Kapur in 1979 and emphasized the value of volunteering as a transformative force. He also discussed major cyber threats such as cyberbullying, phishing, identity theft, and cyber grooming, along with strategies for safeguarding personal data, securing passwords, and understanding relevant cyber laws. The session was highly interactive, with students sharing personal experiences and engaging in a productive Q&A session. The programme concluded with a vote of thanks .

Impact on Participants / Feedback

- The session was insightful and engaging, increasing student awareness of volunteering opportunities and cyber safety.
- Several students reported gaining useful tips to improve their digital safety and expressed motivation to engage more in volunteering initiatives.

Photographs

